

Meet With A Nurse

Drop in to speak with a Public Health Nurse about:

- Breastfeeding
- Growth and Development
- Child Health
- Parenting
- Nutrition
- Family Planning
- Injury Prevention
- Parental Adjustment
- Community Services for Parents
- Parental Wellness



Our Place Family Resource and Early Years Centre, Kitchener
Monday mornings 9:00 a.m. to 12:00 p.m.

For more information, please contact Public Health's
Healthy Children Info Line at (519) 883-2245



Region of Waterloo
PUBLIC HEALTH

