Keynote Address
Healthy Pregnancy Planning for People Living with HIV and Their Partners
Shari Margolese, Community Consultant
Women and HIV Research Program, Women’s College Research Institute

Improvement in life expectancy and quality of life for people living with HIV (PLWHIV) in Canada plus reduced vertical transmission has led numerous PLWHIV to consider having children. However, few support services and resources are available for PLWHIV to plan safe and healthy pregnancies. The presentation will focus on prevention of vertical and horizontal HIV transmission, healthy pre-conception, conception options, fertility issues and access to services.

Shari Margolese
Shari Margolese has been an advocate for HIV-positive people since her own HIV diagnosis in 1993. Shari’s current volunteer commitments include the Ontario HIV Treatment Network Ontario Study Cohort Governance Committee and Community Advisory Committees of both Canadian Institutes of Health Research (CIHR) Canadian Trials Network and the Canadian Observational Cohort (CANOC). Shari also holds an appointment to the CIHR HIV Research Advisory Committee (CHARAC). Shari is an inductee to the Ontario AIDS Network Honour Roll and received the Queen Elizabeth II Golden Jubilee Medal for her extraordinary commitment to the HIV community.

Concurrent Sessions
Impact of Abuse on the Transition to Mothering
Jodi Hall, PhD Health Professional Education Health and Rehabilitation Sciences, The University of Western Ontario.
The transition to mothering is a complex event in the lives of women and their families; particularly for women who have experienced childhood sexual abuse, sexual violence and woman abuse. This session is designed to help caregivers gain an understanding of the unique concerns and needs of women survivors of abuse, and to learn some basic skills needed to support them through the childbearing years.

Creating a Healthy Environment During Pregnancy and Beyond
Erica Phipps, Partnership Director, Canadian Partnership for Children’s Health and Environment (CPCHE).
This session will provide practical information and tips on the "what, why and how" of reducing potentially harmful exposures to toxic substances during pregnancy and beyond.

Women’s Response to PURPLE Crying
Sharon Dore, RN PhD Clinical Nurse Specialist Obs & Gyn, Associate Clinical Professor, Dept. of Obs Gyn and School of Nursing, McMaster University.
When is the best time to inform parents that babies cry? What are methods to soothe their babies and does the information from PURPLE crying have an impact on parents’ ability to parent?

Active Living During Pregnancy
Come hear the latest research findings.

Agenda:
11:30 Registration
12:00 Lunch will be provided
12:50 Welcome
1:00 Keynote
Shari Margolese
Healthy Pregnancy Planning for People Living with HIV and their Partners
2:00 Break/View Displays
2:15 Concurrent Sessions (See registration form for selection)
  o Impact of Abuse on Mothering
  o Creating a Healthy Environment
  o PURPLE Crying
  o Active Living During Pregnancy
3:15 Break/View Displays
3:45 Local Hospital Updates
  o Grand River Hospital
  o Cambridge Memorial Hospital
4:15 Evaluation
4:30 Closing
Tour of Conestoga’s new Experiential Living Labs for Healthcare
Registration Form
(Please Print)
Name: ____________________
Agency: ____________________
Address: ____________________
City: ____________________
Postal Code: ____________
Phone Number Work: ____________
Phone Number Home: ____________
Email Address: ____________________

Concurrent Session Selection

Please number the workshops in order of preference with 1 being First Choice and 4 being Last Choice. We will try to accommodate your first choice.

Concurrent Session (2:15-3:15)
☐ Impact of Abuse on Transition to Mothering
☐ Creating a Healthy Environment
☐ Women’s Response to PURPLE Crying
☐ Active Living in Pregnancy

Who Should Attend?
Service providers such as childbirth educators, doulas, midwives, hospital health care providers; staff from Family and Children's Services, Community Health Centres, Ontario Early Years Centres, and Healthy Babies Healthy Children; students; and agencies who work with pregnant families.

Early Bird Registration $40
Deadline: May 2, 2011

Late Registration $45
Deadline: May 16, 2011

To reserve your spot:
Mail your completed Registration Form with cheque payable to
Region of Waterloo Public Health
Attn: Kim Radigan,
Conestoga College
Continuing Education Health Sciences SCSB, 299 Doon Valley Dr. Kitchener, ON, N2G 4M4

For maps to Conestoga College
Doon Campus and Parking Lots please go to the following links

http://www.conestogac.on.ca/about/ourcampuses/ dooncamp.jsp

http://www.conestogac.on.ca/about/ourcampuses/siteplan.jsp

Coin parking is available for $8 at Lot 1 and Lot 11
For more information please contact Kim Radigan at 519-748-5220 ext. 2410 or email kradigan@conestogac.on.ca

CD with all presentations will be included with each registration

Hot Topics for those Working with Prenatal Families

Workshop Date:
Friday, May 27, 2011
11:30 a.m. to 4:30 p.m.
Lunch included

Workshop Cost:
$40 Early Bird Registration

Workshop Location:
Conestoga College, Blue Room B-wing, Doon Campus 299 Doon Valley Drive Kitchener, ON, N2G 4M4