Community Resources

These organizations are here to support individuals, their families and the health care provider, in determining a course of action.

Police — In an Emergency call 911

Non-emergency number.................................................. 519-653-7700

Women’s Crisis Services of Waterloo Region
24 Hour Crisis Line and Shelter
Toll free........................................................................... 1-800-410-4482
Anselma House ............................................................. 519-742-5894
Haven House .................................................................. 519-653-2422
Outreach Program....................................................... 519-743-6333 ext. 249
www.wcswr.org

The Assaulted Women’s Helpline
24 hour helpline in Ontario available in 154 languages
Toll free........................................................................... 1-866-863-0511
Toll free TTY..................................................................... 1-866-863-7868
Mobile .............................................................................. #SAFE (#7233)
www.awhl.org

Waterloo Region Sexual Assault/Domestic Violence Treatment Centre ........................................... 519-749-6994

Family Violence Project of Waterloo Region
www.fvpwaterloo.ca ............................................................. 519-743-6333

K-W Counselling ............................................................... 519-884-0000

K-W Multicultural Centre — Interpretation............ 519-745-2593

Carizon Counselling and Family Services .......... 519-743-6333

Wilmot Family Resource Centre ........................................ 519-662-2731

Woolwich Community Services ........................................ 519-669-5139

Woolwich Counselling Centre ........................................... 519-669-8651

Family Counselling Centre of Cambridge & North Dumfries....................................................... 519-621-5090

John Howard Society
(Partner Assault Response Program) ..................... 519-743-6071 ext. 222

Family and Children’s Services of Waterloo Region ................................................................. 519-576-1329

Region of Waterloo Public Health
Service First Call Centre ................................................ 519-575-4400
www.regionofwaterloo.ca/domesticviolence

Sexual Assault Support Centre of Waterloo Region
24 Hour Crisis Line........................................................ 519-741-8633

When you don’t know where to turn.™
Free. Confidential.
Live answer 24/7.................................................. 211
www.211ontario.ca

For more information please contact:
Region of Waterloo Public Health
99 Regina St. South, Waterloo, ON N2J 4V3
Tel: 519-575-4400 Fax: 519-883-2241
TTY: 519-575-4608
www.regionofwaterloo.ca/ph

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